CONFLICT MANAGMENT & **RESILIENCE** DEVELOPMENT

COURSE BROCHURE

6 INDUSTRY LEADERS 15 ASYNCHRONOUS MICRO-LESSONS 1 LIVE MENTORSHIP SESSION

INDUSTRY-LED PROFESSIONAL MICRO-CREDENTIAL CERTIFICATIONS

Funded by: Federal Economic Development Agency for Southern Ontario







ENGINEERING

CONFLICT MANAGMENT & RESILIENCE DEVELOPMENT

ွှဲနို့ COURSE OVERVIEW

Focused on enabling leaders within industry business operations to enhance personal and professional leadership resilience and conflict management skills.

A joint training initiative between McMaster University and Women In Aerospace Canada - the Conflict Management & Resilience Development (CMRD) course uses an industry-led approach bringing together senior business leaders to instruct, mentor and share first-hand experience.

Participants will view asynchronous lessons crafted by senior leaders on resilience development strategies, mental resilience development, emotional resilience development, conflict resolution and conflict intelligence.

At the conclusion of the 4 week course, participants can attend a live group-mentorship session to gain insight into prevalent challenges faced by engaging with senior industry leader mentors.

This course is designed for leaders in aerospace looking to enhance conflict management competencies, personal and professional resilience.

WHO SHOULD ATTEND?

- Employees taking on a new leadership role
- Directors, Senior Managers
- Managers or Supervisors
- Skilled workers that may act in a leadership role within their teams
- Graduate Students
- Undergraduate Students

CRD COURSE APPROACH

1 hr | Live - Orientation Session 4 Weeks | Access & View 15 x Industry-Led Video Micro-Lessons 1.5 hrs | Live - Mentorship Session

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Please check online for latest course dates: www.mccmcmaster.ca/crd

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LEARNING OBJECTIVES

- · Learn resilience development strategies focusing on purpose, physical, mental and emotional approaches.
- Understand techniques to improve mental resilience.
- · Learn about applications of emotional intelligence and how to cultivate emotional resilience.
- Develop an understanding of conflict styles and how to manage conflict effectively.
- Gain insight into the evolving discipline of conflict intelligence.
- · Learn first-hand insights on personal, team and organizational resilience from senior industry leaders.



MCMASTER PROFESSIONAL MICRO-CREDENTIAL CERTIFICATE



I FADERSHIP

ASSESSMENTS



INDUSTRY-READY TOOLS

PACKAGE



HYBRID LIVE & ASYNCHRONOUS

CONFLICT MANAGMENT & RESILIENCE DEVELOPMENT

SPEAKERS & MENTORS

Learn directly from senior industry leaders on the Conflict Management & Resilience Development Course.





DR. AMY ATHEY CLINICAL AND PERFORMANCE PSYCHOLOGIST | AUTHOR ATHEY PERFORMANCE

NANCY BARBER COO (RET'D) BOMBARDIER

CASANDRA SEGUIN. PHD MENTAL PERFORMANCE SPECIALIST CANADIAN FORCES



MICHELLE ARBID COACH & CONSULTANT CONFLICT CONSTRUCTIVE LLC



HERVE DOAN

QUALITY DIRECTOR

AUBERT & DUVAL



CRAIG TREWET SENIOR EXECUTIVE (RET'D) BOEING

* Speakers are subject to change based on availability. Please check the course website for the latest updates.

AGENDA

1 HR Online Live

Course Introduction & Orientation.

4 WEEKS Asynchronous Self-Paced

Access & view 15 x 15-20 min micro lessons crafted by leaders in industry on the following competencies.

- Resilience Development Strategies
- Mental Resilience Development Tools & Techniques
- Emotional Intelligence and Emotional Resilience Development.
- Conflict Resolution & Conflict Intelligence.

1.5 HRS Online Live

Group-Mentorship Session (Live). Participants will engage with an industry leader mentor over three 20 minute break out room sessions to gain insight into prevalent challenges faced.



Participants should have relevant work experience or education in their industry field; a college or university education is an asset but not required.

Please contact Angela Ariza - Outreach Coordinator at arizaala@mcmaster.ca if you have any questions.

TUITION & FEES

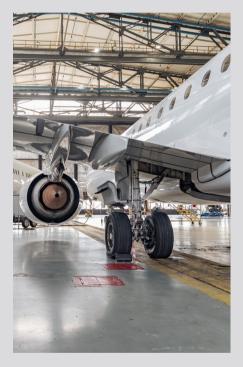
Please note costs noted below are in CAD dollars, and do not include the 13% HST - Harmonized Sales Tax charged for Canadian Applicants.

REGULAR | \$750 CAD + HST ASSOCIATIONS | MCMASTER STAFF/ALUMNI | \$500 CAD + HST SOUTHERN ONTARIO AEROSPACE 90% SUBSIDY | \$75 CAD + HST

We would like to acknowledge the Government of Canada's support through the Federal Economic Development Agency for Southern Ontario (FedDev Ontario) for the Aerospace Regional Recovery Initiative (ARRI).

Apply Today | www.mccmcmaster.ca/crd

CONFLICT MANAGMENT & RESILIENCE DEVELOPMENT



CONTACT US

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PROGRAM LEAD

INDUSTRY OPERATIONS LEADERSHIP & MANAGEMENT

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OUTREACH COORDINATOR

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READY TO ENROLL?

Do you have general questions about our programs, courses, or subsidy options? Our team is here to help.



INDUSTRY-LED ASYNCHRONOUS LEARNING ENHANCED WITH LIVE MENTORSHIP TO ADDRESS REAL-TIME CHALLENGES FACED.



WALK AWAY WITH A JOINT WIA | MCMASTER CERTIFICATE AND PRACTICAL SKILLS TO THINK AND PROBLEM-SOLVE LIKE A LEADER.



HEAR FROM ACADEMIC INSTRUCTORS AND EXPERIENCED INDUSTRY EXPERTS ACROSS DISCIPLINES.



GROW YOUR PROFESSIONAL NETWORK BY CONNECTING WITH LIKE-MINDED BUSINESS LEADERS ACROSS MULTIPLE INDUSTRIES.

ENGINEERING

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